NAME
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This self-assessment form is designed to help you to self-assess how confident you feel about your ability in several academic areas.

| SELF-ASSESSMENT AREAS | Very Confident | Fairly Confident | Not Very Confident | Not At All Confident | NOTES |
| :---: | :---: | :---: | :---: | :---: | :---: |
| I possess sufficient resources for me to achieve my academic goals. |  |  |  |  |  |
| I complete assigned work assigned work effectively and on time. | $\square$ | $\square$ |  | $\square$ |  |
| I am able to clearly identify areas where I can improve in my studies. | $\square$ | $\square$ |  |  |  |
| I am able to accurately describe a situation through writing. | $\square$ | $\square$ |  | $\square$ |  |
| I am able to verbally articulate my thoughts and ideas. | $\square$ | $\square$ |  | $\square$ |  |
| I am willing to learn from my peers. | $\square$ | $\square$ | $\square$ |  |  |
| I clearly and respectfully convey my thoughts to others. | $\square$ | $\square$ | $\square$ | $\square$ |  |
| I demonstrate effective listening skills. | $\square$ | $\square$ |  | $\square$ |  |
| I am able to identify learning from critical reflection. |  | $\square$ |  | $\square$ |  |
| I am able to think critically and objectively about any given topic or situation. | $\square$ | $\square$ | $\square$ | $\square$ |  |
| I take initiative to discover new work challenges, and influence events leading to the organization's success. |  | $\square$ |  | $\square$ |  |
| I am able to think critically while a lesson is being delivered. | $\square$ | $\square$ | $\square$ | $\square$ |  |
| I am able to write a persuasive essay, including a convincing thesis, with solid evidence to support my claims. | $\square$ | $\square$ |  | $\square$ |  |

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