PRINTABLE PROS AND CONS WORKSHEET – EXAMPLE

SITUATION CONSIDERED

Job Change Pros and Cons

	OPTION 1	OPTION 2	
	Stay in Current Job	Change Jobs	
Pros	 Job stability with known income and benefits. Familiarity with current role, colleagues, and company culture. Opportunities for skill development. Predictable salary and benefits package. 	 Opportunities for career growth and higher earning potential. Fresh challenges and opportunities for learning. May secure higher salary and better benefits. Expand professional network and connections. 	
Cons	 Limited opportunities for career advancement. Risk of becoming stagnant or feeling unchallenged over time. Annual raises and promotions may be slow. Company's structure is changing, which could negatively affect current job. 	 New job may not meet expectations. It may take time to adapt to new work environment and culture. May require relocation. 	
Risks	 Economic or company-specific factors could lead to layoffs or downsizing. Current skills may become outdated, making it harder to find new job. Long-term dissatisfaction could lead to burnout. 	 New company's culture may not be great fit. Unsuccessful salary negotiations. 	
Unpredictable Factors	Company's financial health.Market trends and industry changes.	 New company's financial health and stability. Team dynamics with colleagues and managers. 	
Best-Case Scenario	 Continue to enjoy job stability, gain valuable experience, and company thrives. 	 Find rewarding job that offers career advancement, higher pay, and supportive work environment. 	
Worst-Case Scenario	 Become stuck in dead-end job, miss out on opportunities, and face layoffs due to company troubles. 	 New job turns out to be poor fit and leads to job dissatisfaction or even job loss. 	

PROS AND CONS WORKSHEET

SITUATION CONSIDERED

	OPTION 1 Description	OPTION 2 Description	OPTION 3 if applicable
Pros			
Cons			
Risks			
Unpredictable Factors			
Best-Case Scenario			
Worst-Case Scenario			

INSIGHTS

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